Tooth Time March

It's time to brush our teeth.

Pretend to brush your teeth.

It's time to brush our teeth.
Three times a day
We'll stop our play.
It's time to brush our teeth.

It's time to floss our teeth.

Pretend to floss your teeth.

It's time to floss our teeth.
One time a day
We'll stop our play.
It's time to floss our teeth.

Veggies for our teeth.

Pretend to eat vegetables.

Veggies for our teeth. We'll stop the sweets. They're bad to eat. Veggies for our teeth.

It's time to check our teeth.

Pretend to check someone's teeth.

It's time to check our teeth.
The dentist is here.
Let's give a cheer.
It's time to check our teeth.

No cavities for me!

Point to your mouth.

No cavities for me! My teeth are clean. They shine and gleam. No cavities for me!



(lyrics by Joellyn Cicciarelli)

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