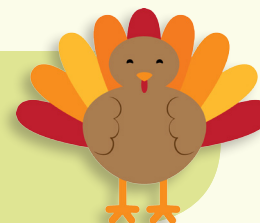




Activity Calendar

November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Put finger foods in each cup of a muffin tin for baby to smell, touch, and taste.	Stroke a rough carpet. Feel the smooth floor.	Explore "over" and "under" as you sing "Hey Diddle, Diddle."	Fill a sandwich bag with beans. Toss the bags into a basket.	Read a funny board book, such as <i>Moo, Baa, La La La!</i> Let baby turn the pages.	Play a matching game. Put cars in one "garage" and trucks in another.
Squirt shaving cream on a high chair tray for finger painting.	On a rainy day, go outside and touch the falling rain.	Use large snap beads to make a necklace or a snake.	Play Follow the Leader: stick out tongue, clap, and touch nose.	Play with a wind-up toy to show motion.	Let baby listen to, handle, and chew on a book such as <i>Baby Peekaboo</i> .	Look into a mirror. Name the body parts you see.
Stack pillows and soft blocks to crawl over.	Have a tea party as you say the rhyme "Polly Put the Kettle On."	Collect dolls and stuffed toys in a wagon and take them for a ride.	Strut like a turkey, flap your "wings," and say <i>gobble, gobble</i> .	Trace hands. Color "feathers" (fingers). Draw eyes to make a turkey.	Go outside to look for and explore earthworms, ladybugs, or butterflies.	Hold your child in your lap and swing together.
Use spoons to dig in sand.	Count cars or other toys when playing.	Use a play telephone to practice ways to say <i>hello</i> and <i>goodbye</i> .	Sing number songs, such as "Hot Cross Buns."	Use a washcloth to wash dolls or plastic toys at bath time.	Use empty boxes as tunnels or caves.	

NOTE: The suggested activities in this calendar are for family members to do with infants ages 0–18 months. Before you begin, make sure the daily activity is appropriate for the age, skill level, and interests of your child.