

Social-Emotional Focus: Overcoming Fears



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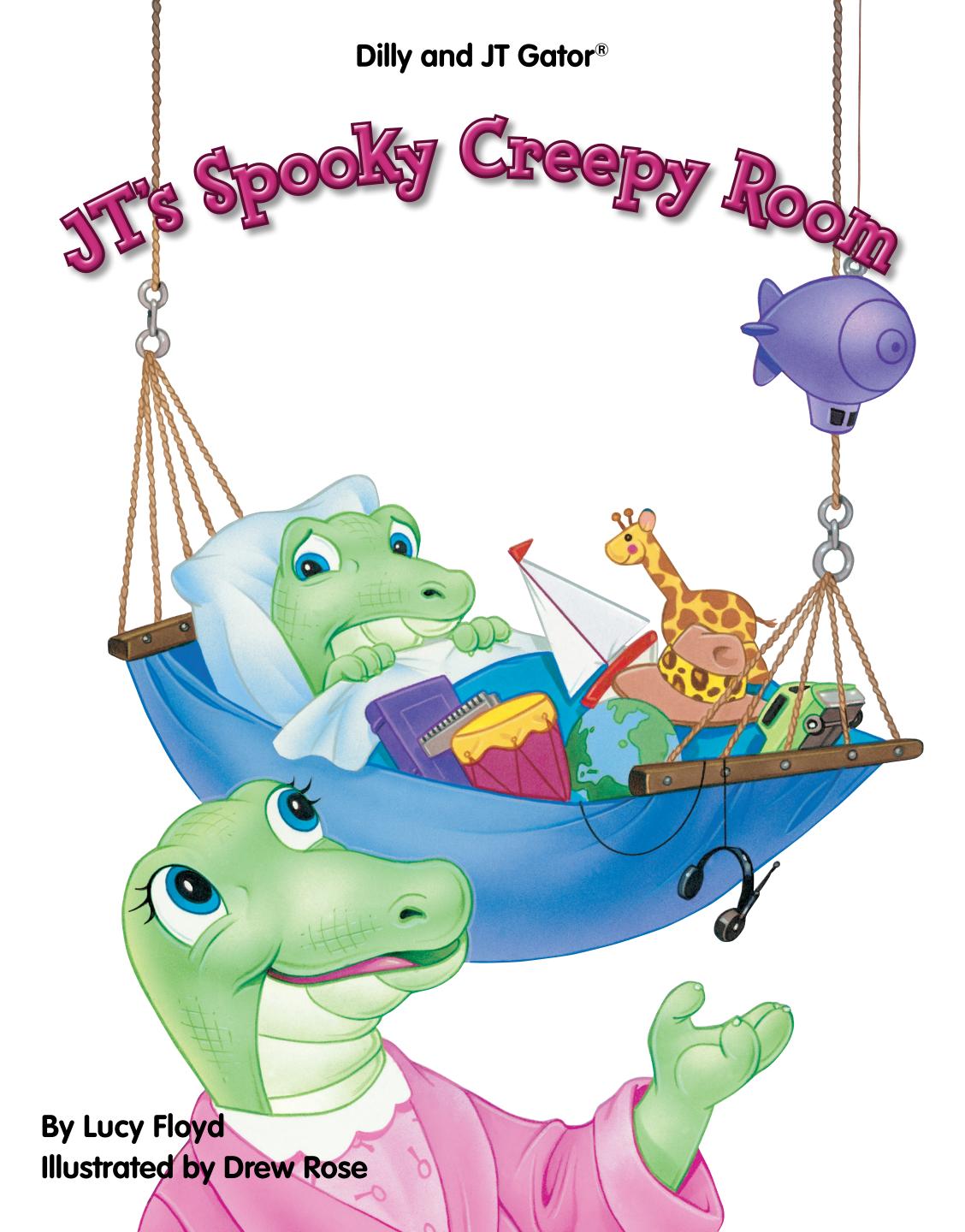
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JT Gator had a secret.



"I'll tell my big sister my secret," JT thought. "I will tell Dilly tonight when I go to bed."



"Dilly," said JT shyly. "I love my bedroom, with all my stuff from faraway places. But at night, my room is spooky creepy." Internet SPAIN

"I'm scared of the dark," JT whispered.

"Take a favorite thing to bed with you," said Dilly. "Then maybe you won't be scared."

So JT took his globe to bed. He also took several other things. But he was still scared of the dark.

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"Think about your favorite story," said Dilly. "Then maybe you won't be scared."

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So JT thought of a story he simply loved, about a little gator who flew to faraway places. But he was still scared of the dark.

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"Listen to your favorite music," said Dilly. "Then maybe you won't be scared."

So JT played some sleepy blues music. But he was still scared of the dark.

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"Play a soft little tune," said Dilly. "Then maybe you won't be scared."

So JT played a soft little tune on his harmonica. He was still scared.

"I don't know how to help," said Dilly. "I'll stay here while you think of something."

JT thought and thought. "I know what will help!" said JT. "It was here all along!"

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And he dashed across the room.

"I need a night light!" said JT. "A BIG night light!" And with that he fell sound asleep.

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- 1. What was JT's secret?
- 2. How did JT solve his problem?
- 3. Act out what you might do so you aren't afraid of the dark.



Go to the KIDS tab at <u>www.investigatorclub.com</u> to play games, hear songs, and learn more about Dilly Gator[®], her brother JT Gator[®], and the InvestiGator Club[®].

Overcoming Fears

Dilly's little brother JT has a secret. He is afraid of the dark.

JT finds a way to solve his problem.







